



## ***PRODUCT DESCRIPTION***

### ***Training Kits to Teach Teens Ages 13-18***

***“Cool, Courteous and Confident”*** is a comprehensive 40-hour curriculum designed as a training kit for child-care providers, educators and parents. The course is based on The Civility Expert’s Confidence Camp. The content is perfect for 5 full days of summer camp, or you can easily adapt it for shorter lessons, offering you the ultimate in versatility. Content is intended for youth ages 13-18.

Topics are organized into five sections: Attaining Confidence, What Does Confidence Look Like, Situational Confidence, Dining and Party Confidence, and a Review section. The straightforward materials package includes a clearly and simply explained 84-page instructor’s manual and 51-page master file for reproducing worksheets and participant materials

Ages 13-18 can be a complicated time for our youth, and understanding what is expected in social settings can help build their confidence. Studies suggest that children who are confident socially have higher moral IQ - in other words, they are better equipped to do what is right, with or without guidance.

**Cost: \$90.00 CDN plus tax – PDF Version**

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